

CONTRACT **CATERING SERVICES** LUNCH MENU Oct 2023 - Apr 2024

Week 1	Monday 'Planet Earth Day'	Tuesday 'Street Food Day'	Wednesday 'Traditional Day'	Thursday Thailand	Friday 'Favourites'	
Dates	30 Oct - 13 Nov - 27 Nov - 11 Dec - 25 Dec - 08 Jan - 22 Jan - 05 Feb - 19 Feb - 04 Mar - 18 Mar - 01 Apr					
Main	Margherita Pizza with Baked Potato Wedges	Chicken Casserole with Rice	Roast Beef & Potatoes with Yorkshire Pudding & Gravy	Thai Red Chicken Curry with Rice	Crispy Bubble Pollock or Bubble Salmon Fillet with Chips	
Vegetarian	Chickpea & Vegetable Tagine with Couscous	Quorn, Basil & Tomato Pasta Bake	Vegetable Hotpot with Roast Potatoes & Gravy	Thai Veggie Meatballs with Rice	Vegetable Fingers with Chips & Homemade Tomato Sauce	
On the side	Sweetcorn & Peas	Broccoli & Carrots	Roasted Root Vegetables	Vegetable Medley & Sweetcorn	Peas & Baked Beans	
Salads	Grated Carrots & Sultanas Salad	Cauliflower & Coriander Salad	Chef's House Salad	Sweet Chilli, Tomato & Basil Salad	Crunchy Coleslaw	





Sultanas Salad

Cheese & Crackers with

Grapes & Apple Wedge

Dessert



	DAILY OPTION	S - Daily Salad / Fresh Brea	ad / Seasonal Fresh Fruit Pla	atter / Organic Yoghurts	
Week					
2	Monday 'Planet Earth Day'	Tuesday 'Street Food Day'	Wednesday 'Traditional Day'	Thursday French	Frida 'Favour

Seasonal Fruit Platter

Salad

Fruity Yoghurt Bar

06 Nov - 20 Nov - 04 Dec - 18 Dec - 01 Jan - 15 Jan - 29 Jan - 12 Feb - Feb - 11 Mar - 25 Mar - 8 Apr Dates

Curried Beef Meathalls	Roast Chicken &	Boof B

Reef Bourguignon with

Fruit Salad with Yoghurt

rites'

Basil Salad

Seasonal Fruit Platter





Main	Macaroni Cheese	with Savoury Rice	Potatoes with Yorkshire Pudding & Gravy	Rice	Cod Fish Fingers & Chips
Vegetarian	Jacket Potato with BBQ Beans	Vegan Sausage Roll with Baked Potato Wedges	Creamy Tomato Pasta	Spinach, Pepper & Caramelized Onion Quiche with Provencal Potato	Crunchy Vegetable Nuggets & Sweet Chilli Sauce with Chips
On the side	Green Beans & Sweetcorn	Curried Roasted Cauliflower & Peas	Broccoli & Carrots	Ratatouille & French Beans	Peas & Baked Beans
Salads	Carrots & Cucumber Ribbons	Asian Noodle Salad	Chef's House Salad	Macedoine of Vegetable Salad	Crunchy Coleslaw
Dessert	Cheese & Crackers with Grapes & Apple Wedge	Fruity Yoghurt Bar	Seasonal Fruit Platter	Seasonal Fruit Platter	Fruit Salad with Yoghurt

DAILY OPTIONS - Daily Salad / Fresh Bread / Seasonal Fresh Fruit Platter / Organic Yoghurts

Please Note that some dishes maybe subject to local changes to suit individual school needs



FRENCH COOKING

Macedoine is a French cooking term for a mixture of chopped vegetables.

Beef Bourguignon is a French stew made with beef, mushrooms and onions.

IMPORTANT INFORMATION:

Every effort is made to minimise risk of cross-contamination. However, it should be noted that our food is prepared in a kitchen where known allergens may be present and therefore the risk of cross-contamination remains a risk. Please ask staff for further details regarding specific dietary requirements and/or allergens.

Fantastic FOOD IN SCHOULS

