



# St John's Newsletter

3<sup>rd</sup> July 2020

## *An update from Mr Rubin...*

It has been lovely to welcome some of our children back into school from the Early Years and Year 1 this week. Our Year 5 and 6 children have settled in nicely and we are adding a few more children from Years 2,3 and 4 next week. There is certainly a theme of kindness running through the newsletter today – we have many special people in our community that go that extra mile to help.

On Monday, I will write to let you know who will be teaching your children next year so please keep an eye on your inboxes.

St. John's has remained open for vulnerable children and families with critical workers. If you believe that you are entitled to a place, please contact our parent email address [parents@st-johns.towerhamlets.sch.uk](mailto:parents@st-johns.towerhamlets.sch.uk)

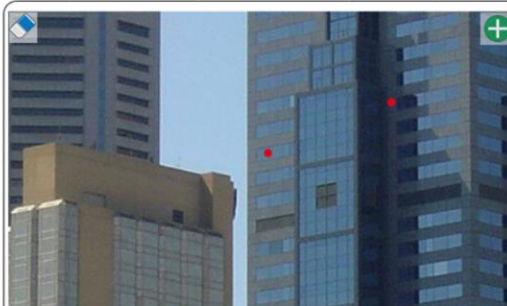
In the meantime, have a lovely weekend, stay safe and be kind to one another.



## Keeping in Touch

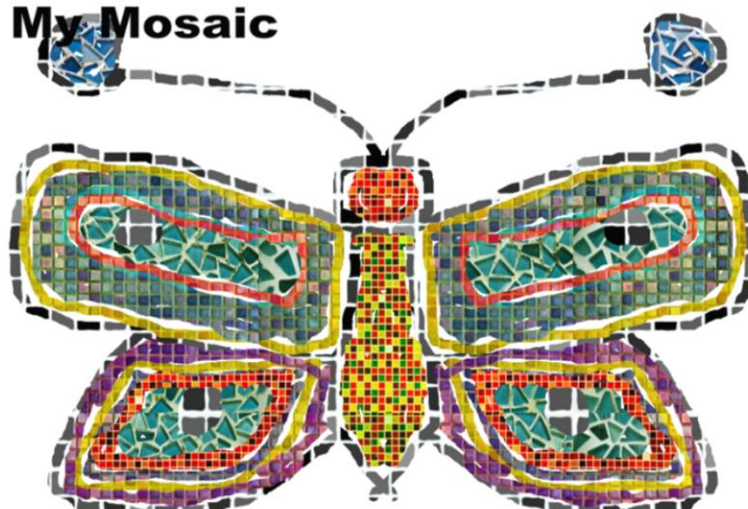
Thank you Callum, Scarlett and Joju for sending in your work. Joju has been keeping fit with Joe Wicks every day and is pictured with his certificate. Callum has written about wanting to be an architect when he grows up and Scarlett has designed a beautiful butterfly mosaic. If you would like to send in some work, do please send to our parent email address [parents@st-johns.towerhamlets.sch.uk](mailto:parents@st-johns.towerhamlets.sch.uk). It is always good to see what you have been up to and it can help families who may need a bit of inspiration.

## When I grow up



I want to be an architect and make buildings. My first building will be a cat shaped house with a pool for my Mum. I will then build another one for my Dad. these will be for free!  
I will pay builders to make other houses and charge people to buy them and make myself lots of money.

## My Mosaic





## Black Lives Matter

The death of George Floyd has again raised the issue of racism in society and has led to large protests and demonstrations across the world. Players from the Premier League and EFL have all knelt in protest against racial injustice in society. We have had some very thoughtful posters sent to us. Jessica has included a quote from Martin Luther King. You can also see our inspirational Mr. Malcolm with the #blacklivesmatter on display. It is so important that our children are interested in the world around them and can question injustice.



## Acts of Kindness



One of our school Christian Values is Kindness. There are so many amazing examples of this that I wanted to give a shout out to some people. Some you might know well and others may not be so familiar:

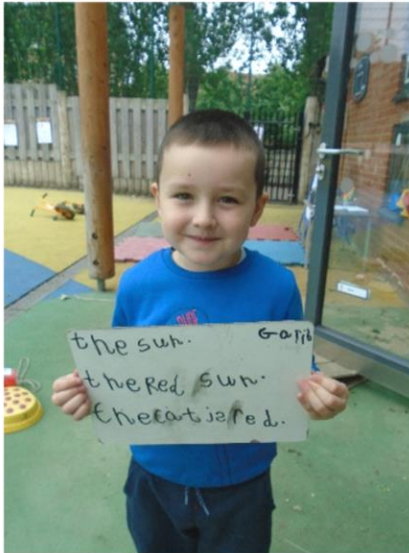
- Mr. Jones and Mrs Brownbill for helping our friends over at the allotment when their water supply had failed.
- Janice at St. Paul's for supplying baby packages for Scarlett and Shannon's sister and Medow's brother.
- Denise, Rashina and her team for providing packs to families who may be shielding.
- Our friends at Manorfield School, Magic Breakfast and Kidzcafe for supplying food for our community





## School Update

Our children in school continue to work hard and have lots of fun too. We are making sure that there are lots of educational activities but are mindful of our children's mental and physical health too. Hopefully some of these pictures will give you a good idea of what our children are up to every day when they are in school.



We now have 222 followers on Twitter. Thank you to everyone who has signed up. Please follow us @5tJohnsTower and help to raise the profile of the school.

**July 10<sup>th</sup> – Ms Walker's Virtual Sports Day. Save The Date.  
Info Next Week!!!**



## **Maths Update – Ms Walker**

Last week we took part in London Maths Week both in school and children taking part at home. Children took part in a range of mathematical activities which included creating patterns, Venn diagrams, building towers and creating symmetry. Thank you to anyone who uploaded photos to Twitter and there is still time to do this now as we would love to see your maths week activities.



## **Holiday Scheme Information**

**Tower Hamlets summer holiday scheme will be open for all children aged 3 – 13 years of age. This is in line with advice from the Department for Education.**

**Venue:** St Matthias Primary School  
**Bookings open:** Monday 6 July 2020 at 12 (midday)  
**Bookings close:** Tuesday 21 July at 1pm or sooner once fully booked (no late bookings allowed under any circumstances)

**Due to Covid 19 there is less capacity than usual and as such early booking is advised.**

**For more information please visit [www.towerhamlets.gov.uk/hcs](http://www.towerhamlets.gov.uk/hcs)**

**We urge all parents/carers to avoid phoning where possible and to e-mail [holiday.childcare@towerhamlets.gov.uk](mailto:holiday.childcare@towerhamlets.gov.uk) so we can support as many families as possible."**



## **Thankyou Hermes**

A big thank you to our friends at Federated Hermes International for providing books and number games for their reading and number partners. We are very grateful for everything you do for our Federation.

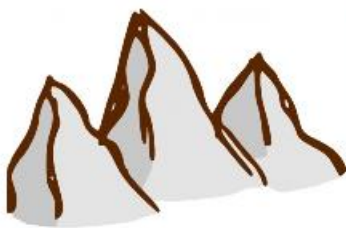




*A message from Place2Be.....*

Hello again children of St John's from Place2Be!

Let's start with a check-in like we do each week. How have you been feeling this week? Some people describe feelings as 'ups and downs'. 'Ups' might mean when we're feeling **AMAZING, ON TOP OF THE WORLD, REALLY, REALLY HAPPY!** 'Downs' can often mean the opposite to this; you might feel *sad, grumpy or moody*....and of course - there are all the feelings that lay in between! All these feelings are a part of life - and makes me think about how our feelings can be just like mountains. Every mountain is unique, with peaks and dips, ups and downs, - but they're all individual and magnificent! I wonder if you can design your own feelings 'mountain' to show what your feelings this week might look like? Would they be up and down too? What Zone would they be in? As we say each week; it's really important to share how you're feeling with someone; to talk about your 'ups and downs'.



### **Feel the beat.....!**

Do each of these activities for **one minute**. After you have done them, sit down, close your eyes (to help you concentrate) and put your hands on your heart. What do you notice about your heartbeat? What do you notice about your breath? How does your body feel?

**Jump**

**Run on the spot**

**Read a book**

**Dance**

**Walk**

**Sit still and listen for noises around you**

*Dear Parents/Carers,*

*Please find here a link to a leaflet supporting conversations around mental health as part of everyday life:*

*<https://www.annafreud.org/media/7228/tmh-parent-leaflet-final-all-approved-laid-out-for-web.pdf>*





# Free 30 Hours Childcare for 3-4 year olds.



Available at St. John's CE Primary School.  
Enquire at the school office. Tel: 0208 980 1142

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admin@st-johns.towerhamlets.sch.uk

Tel: 0208 980 1142

www.st-johns.towerhamlets.sch.uk



We have free 30 hour places available in our Nursery class and space in our Reception class for the next academic year. If you know families that have not yet secured a place for next year, do ask them to get in touch with us.



## **Junk Orchestra Workshop - An Online Fun Free Family Music Activity - July 11th**

St Margaret's House have got in touch with Mrs. Brownbill to pass on the message that there will be a free online Junk Orchestra workshop. Children will learn how to build a drum, shaker, trumpet and guitar from your recycling at home and then get an opportunity to join the band from for a fun-filled recycled rave.

### **Thursday 11th July 2020 (3 online sessions via Zoom)**

- For primary age children & families: 4 years +
- Limited to 15 screens per session, early booking advised
- ZOOM meeting information provided with the ticket
- This is a free event and a wonderful opportunity to play instant music as a family.

If you want to book into a session email [stuart@stmargaretschouse.org.uk](mailto:stuart@stmargaretschouse.org.uk) or click on the link below and look for the "Book Your Place" tab.

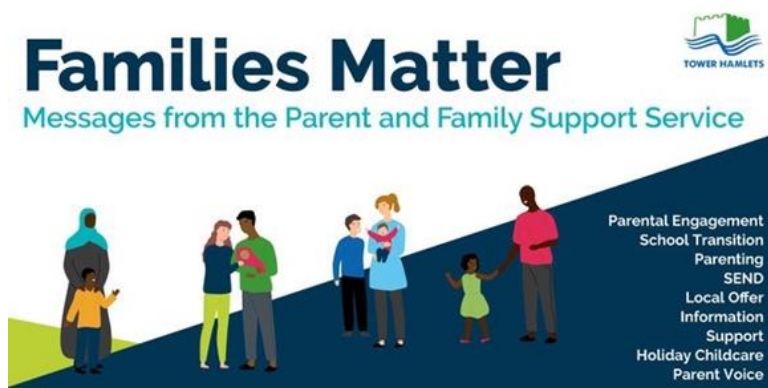
<https://www.stmargaretschouse.org.uk/reach-whats-on/junk-orchestra>

Once booked in you'll receive all the information including Zoom details and a brief video showing you how to make instruments out of objects you have lying around.



## Message from Denise and Rashina

You can find lots of links and ideas on Tower Hamlets Local Offer page, but here are a few for you to check out.



## Join the Tower Hamlets Dads' Network

Dads and male carers from across the borough came together last Friday to meet and talk informally about fatherhood during coronavirus and celebrate Fathers' Day Weekend.

The group chatted about the challenges of working from home and juggling family life, keeping children happy, occupied and engaged in their education and more.

Participants also got a free activity bag with lots of resources to support play and creative learning for their children. All said they found the meeting enjoyable and informative and are keen to meet again.

Join us at the next Dads' Network meeting on **Tuesday 14 July from 2pm to 3pm.**

You can also join the Dads' Network to receive updates about national and local information on family life and strengthening relationships with children through positive parenting and play.

[Learn more >](#)

### Family wellbeing

The Parental Engagement Team has put together some advice to help families stay well during what could be challenging times.

Tips include ideas to create some space at home, connecting with others and re-thinking screen-time.

[Find out more >](#)

# BETHNAL GREEN FOODBANK

ST MATTHEWS CHURCH, ST  
MATTHEWS ROW E2 6DT

We are now receiving donations and  
giving out food parcels  
**every Wednesday**  
**6.00–8.00pm**

If you are able to donate food in  
person this week we really need:  
**tinned meat and toiletries**

Please note: we cannot accept deliveries at  
the church at other times







During this crisis period, we have been working in partnership with Manorfield Primary School and the Manorfield Charitable Foundation to ensure our families in need receive food on a weekly basis.

Since Monday 30th March, Manorfield have been operating a food/essential items distribution system to vulnerable families and as part of this, have been providing for families at St John's as well. [Click here to see their fundraising appeal video.](#)

In order to help them continue to support our families, we need financial support to purchase food and items which will complement donations and goods that can be purchased from the school budget / government contribution for Free School Meals.

The items purchased will include food, nappies, toothpaste, soap, but also pens, pencils, paper and other items for children to use at home.

If you would like to contribute to this cause, please click on the following link:

<https://www.peoplesfundraising.com/donation/covid19-emergency-response-for-St-Johns>